

## IBA Skills Development Program

Training on

# Develop, Grow and Excel Self-development Toolkit

May 29 & 30, 2021 (Saturday & Sunday)

9:00 am to 1:00 pm

Online / On Campus / Hybrid

Training Investment: PKR 12,000 + 5 % SST



### Course Overview:

Improving your skills, a practice known as Personal Development does not happen by itself. Some personal development can be a matter of being in the right place at the right time, and simply taking up opportunities. But consistent, effective personal development across a wide range of skills requires deliberate and focused effort.

Personal development planning is the process of:

Establishing aims and objectives (or goals) - what you want to achieve or where you want to go, in the short, medium or long-term in your career

Assessing current realities

Identifying needs for skills, knowledge, or competence

Select appropriate development activities to meet those perceived needs

### Registration Link:

<https://tinyurl.com/PED2021>



## Outline:

- Building your self-confidence
- Personal Affirmations – Activity-based
- Reframing past misses – Activity-based
- How to overcome F-E-A-R
- Self- Discipline
- Key to success
- How to enhance self-awareness
- Find your unique strengths – your USP
- Determining the competencies that people value
- Marketing and building your USP
- Body language
- Introduction
- 5 C's of body language
- Roleplays
- Managing People
- Crucial conversations
- Influence for progress
- Feedback for success
- Time Management
- Barriers to Time Management
- Swiss Cheese Method

## Trainer's Profile:

Mohsin Ahmad Bhatti is a graduate from the University of Wales and is a Certified Soft Skills Trainer. Mohsin specializes in unleashing human genius through corporate training and performance management initiatives that assist in architecting excellence in organizational culture. Over the years, he has developed many branded training products that can be customized to meet specific requirements of projects/ organizations across the private & social sectors of different countries & cultures. He has worked in 3 continents and 6 countries over the years and frequently travels for different assignments.

## Worked with:

- Toyota Indus Motors, Pakistan
- British Gas, UK
- Pearl Sand Island Resort, Maldives
- Planet Organic Ltd., UK
- Maroc Telecom, Morocco
- S & P Global, Pakistan
- USAID, Pakistan
- Sindh Revenue Board, Pakistan
- British Red Cross, UK
- Group M, Pakistan
- Meezan Bank, Pakistan
- National Bank of Pakistan
- Pakistan State Oil
- Al Karam Studio



## Contact Us:

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